

# Randolph Dermatology

AND MOHS MICROGRAPHIC SURGERY

## Skin Care Instructions After a Biopsy

### Day of the Biopsy:

Keep the dressing on your biopsy site dry and protected.

### All Subsequent Days:

*(Until you return for suture removal or until the shave biopsy site heals over completely)*

- Wet the dressing daily in the shower and gently remove it.
- Rinse the biopsy site with soap and water, hydrogen peroxide, white vinegar (one tablespoon per pint of water) or Hibiclens. Hibiclens is available without a prescription at local and online pharmacies. If using Hibiclens, do not get any in your eyes or ears.
- Apply Vaseline or other ointment such as mupirocin, Neosporin, Polysporin or Bacitracin to the biopsy site with a Q-tip.
- Apply an adhesive bandage to keep the site protected.

### Special Directions:

- If the dressing gets wet or falls off, replace as per the instructions above.
- If you develop a red, itchy rash at the biopsy site, you may be developing a skin allergy to the antibiotic ointment or bandage. Consider stopping use of the antibiotic ointment and using Vaseline only, which will not cause skin allergies.
- If you develop pain, redness, swelling, warmth, pus or a foul odor at the biopsy site, you may be developing an infection. Call your doctor; you may need oral antibiotics.
- If you bleed through the bandage, fold up some first-aid gauze pads and apply them firmly to the biopsy site for twenty minutes. If the site is still bleeding, repeat the firm application of folded gauze for another twenty minutes. If the site is still bleeding after the second application, call your doctor or go to the emergency room.
- If you do not receive your results within two weeks, call the office.